

What to Bring to Camp

Label EVERYTHING you bring with your name!

Required Items:

- Any current medication or vitamin
(all included on your **Medication Information Form** & turned in at check-in!)
- Bible
- Bug Spray
- Flashlight (with extra batteries)
- Flip-flops for shower
- Hat
- Pajamas
- Pen/Pencil
- Pillow
- **Plastic garbage bag for dirty clothes**
- Sandals
- Shirts
- Shorts/pants
(Check the weather, pack accordingly)
- Sleeping bag or sheets and blanket
- Socks and underwear (bring extra)
- Sunglasses
- Sunscreen
- Sweatshirt/jacket (evenings can get cold!)
- Swimsuit (one piece or tankini for girls)
- Sneakers / tennis shoes / hiking shoes
- Toiletries:
 - Soap
 - Shampoo
 - Toothbrush
 - Toothpaste & floss
 - Deodorant
 - Brush/comb
 - Hair ties for girls
 - Chapstick
 - Contacts/glasses
- Two towels (one for swimming)
- Washcloth

Optional Items:

- Bag 1, Drawstring or another small bag to carry things around camp
- Bag 2, Cinch sack or small bag to carry items to shower house
- Disposable or cheap camera
- Hawaiian or fun beach outfit for our Thursday night luau
- Missions offering money (in a sealed envelope with camper name; to be turned in at check-in.)
- Notebook (journal, spiral ring, etc.)
- Refillable, travel water bottle (NOT glass)

Prohibited Items: Do not bring or these items will be taken away for the week!

- Drugs
- Electronic devices (phones, iPads, Kindles, game systems, music/speakers, etc.)
- Extra money
- Pets (if they are in the car while you get dropped off, they **must** stay in the car)
- Snacks or snack bar money (snacks will be provided). Exception: Prior arrangement for food allergies.
- Weapons or pocket knives/multi-tools



Preteens in Action Camp (PAC)
August 14-18, 2023 at Camp Arrah Wanna
(Welches, OR)