

# What to Bring to Camp

**Label EVERYTHING you bring with your name!**

## **Required Items:**

- Any current medication or vitamin  
(*all included on your **Medication Information Form** & turned in at check-in!*)
- Bible
- Bug Spray
- Flashlight (*with extra batteries*)
- Flip-flops for shower
- Hat
- Pajamas
- Pen/Pencil
- Pillow
- **Plastic garbage bag for dirty clothes**
- Sandals
- Shirts
- Shorts/pants  
(*Check the weather, pack accordingly*)
- Sleeping bag or sheets and blanket
- Socks and underwear (*bring extra*)
- Sunglasses
- Sunscreen
- Sweatshirt/jacket (*evenings can get cold!*)
- Swimsuit (*one piece or tankini for girls*)
- Sneakers / tennis shoes / hiking shoes
- Toiletries:
  - Soap
  - Shampoo
  - Toothbrush
  - Toothpaste & floss
  - Deodorant
  - Brush/comb
  - Hair ties for girls
  - Chapstick
  - Contacts/glasses
- Two towels (one for swimming)
- Washcloth
- **Refillable, travel water bottle** (NOT glass);  
*Write your name is on this ... And everything else!*

## **Optional Items:**

- Bag 1, Drawstring or another small bag to carry things around camp
- Bag 2, Cinch sack or small bag to carry items to shower house
- Disposable or cheap camera
- Hawaiian or fun beach outfit for our Thursday night luau
- Missions offering money (*in a sealed envelope with camper name; to be turned in at check-in.*)
- Noise-canceling headphones (*if your child has a hard time with the volume of worship music or larger crowds, this may be helpful!*)
- Notebook (*journal, spiral ring, etc.*)

## **Prohibited Items: Do not bring or these items will be taken away for the week!**

- Drugs
- Electronic devices (phones, iPads, Kindles, game systems, music/speakers, etc.)
- Extra money
- Pets (*if they are in the car while you get dropped off, they **must** stay in the car*)
- Snacks or snack bar money (*snacks will be provided*). Exception: Prior arrangement for food allergies.
- Weapons or pocket knives/multi-tools



**Preteens in  
Action Camp (PAC)  
August 12-16, 2024  
Camp Arrah Wanna  
(Welches, OR)**